



# The Hon Ray Williams MP

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**Member for Castle Hill**  
**Minister for Multiculturalism and**  
**Minister for Disability Services**

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## MEDIA RELEASE

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**27 July 2018**

### **CASTLE HILL SENIORS BACK IN THE GAME**

More Castle Hill seniors are set to hit the courts and sporting fields in the coming months, as a further three sporting codes offer modified rules for players over 65 years of age.

Member for Castle Hill Ray Williams MP today announced the NSW Government will invest an additional \$100,000 to get Basketball, Softball and Table Tennis NSW on board with a modified program, while also expanding the successful pilot with Football NSW.

“Sport has the power to create a great community spirit and it is important that all members of our community can join in, regardless of their age,” Mr Williams said.

“I encourage all seniors in our community to participate in a modified sport so they can enjoy the benefits of physical activity and social interaction.”

Minister for Ageing Tanya Davies said the NSW Government wants to support and encourage seniors to make physical activity part of their everyday routine.

“Participating in sport helps people lead healthy, active and happy lives. Unfortunately, as people get older the opportunities to engage in physical activity can often decrease,” Mrs Davies said.

“The Modified Sport Program opens up opportunities for seniors to get out and get active by offering popular games with low impact rules, while also helping to build confidence and new social connections in their communities.”

Since May 2017, the NSW Government has provided \$200,000 to six sporting codes to implement modified sporting programs for NSW seniors. Once the pilots are established clubs aim to sustain the program.

For more information, or to register, please contact the sporting associations below or visit [www.facs.nsw.gov.au/modifiedsport](http://www.facs.nsw.gov.au/modifiedsport):

- Football NSW – (02) 8814 4400 [mattr@footballnsw.com.au](mailto:mattr@footballnsw.com.au)
- Basketball NSW – (02) 8765 8555 [rachel.herrick@bnsw.com.au](mailto:rachel.herrick@bnsw.com.au)
- Softball NSW – (02) 9677 4000 [office@softball.net.au](mailto:office@softball.net.au)
- Table Tennis NSW – (02) 8736 2166 [mail@ttnsw.org.au](mailto:mail@ttnsw.org.au)
- Gymnastics NSW – (02) 8116 4113 [gfa@gymnsw.org.au](mailto:gfa@gymnsw.org.au)
- Netball NSW – (02) 9951 5025 [skhan@netballnsw.com](mailto:skhan@netballnsw.com)

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